

Attitude is contagious!

"Discover the immense power of a positive and proactive attitude!"

Summary :

This conference is aimed at strengthening the bonds among participants. This results in greater internal synergy, by developing more harmonious and dynamic interpersonal relationships.

Through the use of concrete examples, the objective is to demonstrate how each of us can improve the working environment, team spirit and sense of belonging. Participants will discover methods and processes that will enable them to develop a human approach that is both different and pleasant, while delivering highly effective results.

Objectives :

- ***Discover*** the hidden repercussions of our attitude, whether positive or negative.
- ***Learn*** to instinctively condition ourselves to think and act in a *positive and optimistic* way.
- ***Succeed*** in influencing our colleagues positively through a *winning and contagious attitude*.
- ***Obtain*** the tools that are required to apply the principles of personal motivation over the long term.

Results :

- Improvement in the *working environment* and *client relations*.
- Reduction in the level of *stress, dissatisfaction* and *interpersonal conflicts*.

Duration :

- Available in **regular format** (*60 to 90 minutes*) and in a **conference format** (*30 to 60 minutes*)

Please note that this conference is also available as a workshop seminar, which allows for a better integration of the proposed tools and further enhances your return on investment (ROI).